

## **Amy L. Gilliland, M.S.**

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### **Training and Teacher Experience**

2006, January-present, *Madison Area Technical College, Part-time Faculty, Psychology Department*, Full semester courses, six week condensed courses. Responsible for curriculum development, instructional and evaluation duties.

Courses taught: Human Sexuality, Human Relations Survey

2005-2006, *University of Wisconsin-Madison, Teaching Assistant, Human Development and Family Studies 362, Child Development*. Main duties include setting criteria for evaluation, evaluating student papers and meeting with students.

2003-present, *University of Wisconsin Extension, Family Living Programs*  
Teach Parent-Child Interaction Level I and II workshops annually for home visitors, focusing on attachment issues.

1997-present. *Midwest Doula Trainers*.

Conducted 34 basic doula trainings of 21 hours each since October 1997

Conducted 5 advanced doula workshops of 8.5 hours each since September 2002

Written curriculum, presented scholarly information, created audio visual materials.

Consistently excellent evaluations from attendees on organization, presentation, visual aids, and speaker effectiveness.

Clients include Reedsburg Area Medical Center, Reedsburg, Wisconsin; St. Joseph's Hospital of Milwaukee; Waukesha Memorial Hospital; St. Elizabeth's Hospital, Appleton, Wisconsin; Parkview-Riverside Hospital of Minneapolis, Minnesota; Winnebago County Health Department, Illinois; Early Head Start CESA 5 District (3 workshops); Ounce of Prevention Fund of Chicago, Illinois; American Indian Family Center, St. Paul, Minnesota.

1988-1995. Taught childbirth class series. Adapted, wrote and presented original curriculum, part of which is now included in the ALACE standard international curriculum.

1983-1985, *University of Wisconsin-Madison, Teaching Assistant, Public Speaking, Communication Arts Department*. Main duties include classroom instruction, evaluating student work and meeting with students.

### **Other Experience**

Alternative Birth Services, *owner*, 1991-present

- offering professional birth assistance, childbirth classes, tutoring and referrals

## **Grants or Awards**

Vilas Travel Grant (2006), Competitive award given by The Graduate Student Union at the University of Wisconsin Madison in order to cover travel expenses to present research at national conferences

## **Publications**

*"Lexington Medical Center Doula Program Research Report"*, A Case Study Review from the perspective of parents, doulas and nurses. December 2005, 50 pages, unpublished manuscript.

*JOGNN (Journal of Obstetrical, Gynecological and Neonatal Nursing)*  
Beyond Holding Hands: The Modern Role of the Professional Doula, Nov-Dec 2002

*Journal of Prenatal and Perinatal Psychology*  
The Effects of Domestic Abuse on the Unborn Child, Spring/Summer 1999

*Journal for Perinatal Education*, official publication of Lamaze International  
Nurses, Doulas and Childbirth Educators: Working Together for Common Goals, Fall 1998

*International Doula*, official publication of Doulas of North America  
Domestic Violence and the Doula, Spring 1999  
An interview with Penny Simkin, *Focus on the Founders column*, Spring 1999  
An interview with Annie Kennedy, *Focus on the Founders column*, Winter 1999  
An interview with Marshall Klaus, M.D., *Focus on the Founders column*, Summer 1998  
An interview with John Kennell, M.D., *Focus on the Founders column*, Spring 1998  
A Path to Wisdom (conflict resolution), Summer 1997  
Birth Plans for Doulas, Summer 1996  
Dream A Big Dream With Me, Winter 1995  
Expanding Your Horizons, reprinted Spring 1995

Contributing Writer to *Special Delivery*, publication of Informed Birth and Parenting, Now ALACE  
A Path to Wisdom, (conflict resolution), Summer 1997  
Birth Plans: A Tool for Communication, Summer 1996  
Models of Childbirth, Winter 1995  
Money and Matters of the Heart, Fall 1994  
Balancing Your Life as a Childbirth Professional, Spring 1994  
Expanding Your Horizons: Continuing Education for Childbirth Professionals, Winter 1993  
How Do I Get There From Here? Becoming a Birth Assistant, Fall 1992  
Why Would I Want A Professional Birth Assistant?, Fall 1992  
Getting Media Attention, Spring 1992

Filling Up With Light: The 16-Step Empowerment Process Book with Sandra Klippel, 1997

Published in *Dane County Kids*, circulation 11,000  
Birth Assistants: Available to Provide Both Parents with Much Support, May 1994  
Your Companion and Guide For Birth, February 1993

## **Book Reviews**

Gilliland, Amy L. (2006) *Romancing the Science: A Review of Why We Love* by Helen Fisher, *Entelechy: A Journal of Evolutionary Psychology*, Winter 2006, p.

Poehlmann, J., Gilliland, A., Lefeber, K., & Kim, H. (2001). Review of Jack P. Shonkoff and Samuel J. Meisels (Eds.) *Handbook of Early Childhood Intervention* (2nd Edition). *American Journal on Mental Retardation*, 106, 562-568.

## **Presentations**

“Attachment Needs of Laboring Mothers During Childbirth”, *Association for Prenatal and Perinatal Psychology and Health BiAnnual Congress*, Los Angeles, California, February 2007, (audiotaped presentation)

“Attachment Needs of Laboring Mothers During Childbirth”, *National Council on Family Relations Annual Conference*, Minneapolis, Minnesota, November 2006

“Attachment Needs of Laboring Mothers”, *Coalition to Improve Maternity Services (CIMS) International Research Conference*, Boston, Massachusetts, February 2006

“Attachment Needs of Laboring Mothers”, *South Carolina Doula Day, Lexington Medical Center*, Columbia, South Carolina, September 2005

“Connecting Attachment Theory to Maternal Needs in Labor”, Guest Lecture, *University of Wisconsin-Madison, Development of the Young Child Telecourse*, January 2006

“Parent Child Relations During Pregnancy and Childbirth”, Guest Lecture, *University of Wisconsin-Madison, Human Development and Family Studies Course*, January 2006, September 2005

“Shifting A Posterior Presentation When The Mother Has An Epidural”, *St. Mary's Hospital Inservice*, Madison, Wisconsin, May 2005

“Current Research on Birth Doula Care: A Reality Check”, *St. Mary's Hospital and Medical Center Perinatal Conference*, November 2004

“Women's Experiences of Female Ejaculation”, *Society for the Scientific Study of Sexuality Eastern and Midwest Regional Conference*, Honorable Mention for Student Research, June 2004.

“Women's Experiences of Female Ejaculation”, *Women's Studies Research Conference, University of Wisconsin System*, February 2005

“Doula Care and Labor Support Techniques for Nurses”, *Wisconsin Student Nurses Association Conference*, February 2004

“Doula, Nurses, and Childbirth Educators: Working Together into the Twenty-first Century”, *Best Practices, Best Outcomes Conference*, sponsored by the University of Wisconsin-Madison School of Nursing, October 1998

“Body Image In Modern Culture: Why our Society is Invested in Women Hating Their Bodies”,  
*Wingra School Seminar*, April 1998, February 2000, March 2003

“Everything You Always Wanted to Know About the 16-Step Empowerment Model”,  
*Visions for Success: Substance Abuse Treatment for Women, Children and Their Families*,  
sponsored by the University of Wisconsin-Madison, September 1997

“Sexuality During Pregnancy, Birth and Postpartum”, *A Woman’s Touch*, Fall 1997

“Rising to the Challenge: Conflict in Our Lives and Profession”, July 1996, *Doulas of North America International Conference*

“Birth Assistants: A Couple’s Companion and Guide for Birth”, February 1995,  
*Live at Five, WISC -TV Channel 3*

### **Featured Articles**

What I Do: Helping Mothers Experience Childbirth-Amy Gilliland, *Wisconsin State Journal*, April 4, 2006.

Ask The Expert: Amy Gilliland Talks About Sex, *The Clarion*, Madison Area Technical College, February 2006.

### **Education**

Ph.D. Candidate, Human Development and Family Studies, University of Wisconsin-Madison, 2005-present.

M.S. Human Development and Family Studies, University of Wisconsin-Madison, 2004.

Graduate Certificate in Prenatal and Perinatal Psychology, St. Mary’s University, Minneapolis Minnesota, June 1999

Graduate School, 1983-85, Communication Arts, University of Wisconsin-Madison

Bachelor of Arts, 1983, University of the Pacific, Stockton, California

### **Certification**

*Certified Doula*, DONA, June 1999-present.

*Approved Doula Trainer*, DONA, December 1999-present.

*Certified Labor Assistant* by ALACE Summer 1995-present

*Certified Childbirth Educator* by ALACE 1988-present

*Provisional Instructor Certification, MATC:*

*On Course Workshop: Strategies for Student Success*, June 2006.

*Diversity, Level One*, October 2006.

*Educational Evaluation*, April 2007.

### **Service**

*Dane County Election Official (Wisconsin)*, November 2006, November 2004

Wingra School Board of Trustees, 2000-2004.

Doulas of North America (now DONA International)

- *Treasurer and Chief Financial Officer*, October 1997 - September 1999
- *Board of Directors*, October 1994 - September 1999
- *Wisconsin State Representative*, October 1995-October 1997

Doulas of Southcentral Wisconsin, *Founder*, 1992-present

- dedicated to support and education for birth assistants
- information and support for pregnant women and their families

Coalition to Improve Maternity Services (CIMS), *Steering Committee Member*, 1997-1998

Girl Scouts of America, Blackhawk Council, Troop Leader #376 (Fully trained), 1996-2002

*Leader*, La Leche League International, accredited April 1991 to December 1995

### **Memberships**

AASECT – American Association for Sexuality Educators, Counselors and Therapists, 2006 – present

ALACE – Association of Labor Assistants and Childbirth Educators, 1986-present

APPPAH - Association for Prenatal Psychology and Health, 1986-present

DONA International – Doulas of North America International, 1993 – present

ICEA – International Childbirth Education Association, 1996 – present

NCFR – National Council on Family Relations, 2000 - present

SSSS – Society for the Scientific Study of Sexuality, 2002 – present

WAPC – Wisconsin Association for Perinatal Care – 2000 - present